



# WORK HARD PLAY HARD @ iC health

lifestyle+balance+fitness+health

Get two office mates to join you at iC health and get **15% OFF** a 12 month membership\*

**PERSONAL TRAINING**

**LIFESTYLE PROGRAMS**

**OPEN 7 DAYS A WEEK**

MONDAY TO FRIDAY

6:00am to 9:00pm

SATURDAY AND SUNDAY

8:00am to 1:00pm

 Find us on:  
**facebook®**

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E: info@ichealth.com

\*ic 12 / off peak / EzyPay. Conditions apply: All 3 persons must come in together and join. Only applicable for 12 month memberships